

Peter Jackson
Personal Development Coaching
Associate, EQ4U Ltd



Peter is fascinated by the interplay of organisational and individual dynamics in the context of change, and the extraordinary opportunities that change presents for both individuals and organisations to develop. Focusing on experiential learning and change, he has built a developmental coaching approach which he uses to help clients in both business and personal realms.

Client organisations include:

Blue chip, SME and non-profit organisations.

Coaching experience includes:

- Development of leadership competencies at director level in non-profit organisation.
- Individual coaching for managers coping with radical change in FTSE 100 organisation.
- Coaching to support the development, planning and implementation of step-change business growth strategies in SMEs.
- Significant experience of coaching individuals through career planning, management and change.

Accomplishments:

Published author in peer-reviewed academic journal as well as numerous other published articles.

Previous Experience:

Peter spent 16 years in corporate IT and HR functions where he specialised in management development, careers, change management and strategic human resource management. He established a coaching practice in 2002.

Education, Qualifications & Professional:

MSc in Organisational Behaviour
(research topic - organisational and occupational commitment)

MA in Coaching & Mentoring Practice
(research topic - developing a typology of coaching styles)

Council member of the Association for Coaching

Senior Lecturer in Adult Professional and Lifelong Learning, Oxford Brookes University.